Basal Body Temperature Chart

Cycle Day

Dates: _____ to _____ Cycle Number: _____

Temperature (Fahrenheight)

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45
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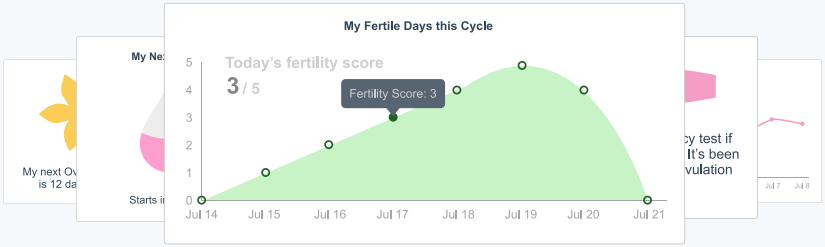
Learn how to use this accurately here: www.ovulationcalendar.com/bbt

1 in 6 couples fail to conceive within 12 Months

Increase your changes of getting pregnant sooner

by using OvulationCalendar.com today



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We help you get the timing right by tracking your cycle and accurately predicting ovulation.